

Premature Ejaculation Advice

There are many causes of premature ejaculation, both mentally and physiologically. For thousand of years, Taoists have been practiced Natural Ejaculation Control Technique to strength their body and enjoy a better sex life. Natural Ejaculation Control Technique focusing in restoring and building sexual energy can be seemed as strategy for delay ejaculation.

Basically, Natural Ejaculation Control Technique is a process where breathing techniques gets combined with meditative efforts, Natural Ejaculation Control Technique will have very positive effects on your sex life. For men, they will be able to maximize the power of their erection while also control the urge to ejaculate, prolonging sex even though Natural Ejaculation Control Technique will increase the sensations they feel. Practicing it will make sex the best it can be and you will perform better than you have ever.

How it Works

One of the major causes of premature ejaculation is due to the weakening of parasympathetic sexual nerve that keeps the ejaculation valve shut and hold the erection.

To hold the erection up and tighten the ejaculation valve, there are two important physiological factors needed by all men's bodies ...

- (1)Basic resting potential in the parasympathetic sexual motoring nerve.
- (2)Continuous burning of testosterone to charge the nerve during sex.

ejaculation can be controlledBy practicing Natural Ejaculation Control Technique, the body will increase the bio-energy in male sexual organ.

This sexual energy would re-circulate around the body and to brain through spinal cord.

The whole central nervous system is stimulated and would elevates the action potential in the parasympathetic sexual motor nerves thus tighten the ejaculation value with better strength.